

You Are Not What Happened to You: Finding Freedom From Shame to Flourish

Flourishing requires freedom. And for most of us, the thing standing between us and that freedom is something we've been carrying so long we don't notice the weight anymore — shame. In week 8 of our summer series, Christine Caine gets personal, sharing the testimony that reaches the part of us we don't usually let anyone see. She takes us back to Genesis 2 and shows that shame was never part of God's original design.

WHERE IN YOUR LIFE IS SHAME STILL SPEAKING LOUDER THAN THE TRUTH OF WHAT GOD SAYS ABOUT YOU — AND WHAT WOULD IT LOOK LIKE TO LET HIS WORD HAVE THE FINAL SAY IN THAT SPECIFIC PLACE?

IS THERE SOMETHING FROM YOUR PAST YOU HAVE BELIEVED DISQUALIFIES YOU FROM GOD'S PURPOSE? WHAT WOULD IT MEAN TO CONSIDER THAT IT MIGHT BE THE VERY THING HE INTENDS TO USE?

CHRISTINE DRAWS A DISTINCTION BETWEEN FACTS AND TRUTH. WHAT ARE THE FACTS YOU'VE BEEN LIVING UNDER — AND WHAT DOES GOD'S WORD ACTUALLY SAY ABOUT YOU THAT YOU HAVEN'T YET LET YOURSELF FULLY BELIEVE?

SCRIPTURES REFERENCED IN THIS EPISODE:

GENESIS 1:27 • GENESIS 2:25 • PSALM 139:13-16 • JEREMIAH 1:5 • EPHESIANS 2:10