

Peace That Holds: Trusting God When the Ground is Shaking

In week six of our summer series, Christine Caine takes us into one of the most practical and quietly radical things a believer can do in a chaotic world: refuse to let your heart spiral. Drawing on Philippians 4:6-7 and John 14, she shows that the peace of God isn't the absence of storms — every single one of us is either heading into one, standing in the middle of one, or coming out of one. Peace isn't what happens when the storm stops. It's what guards your heart while it's still raging.

IS THERE A DIFFERENCE BETWEEN THE PEACE YOU FEEL WHEN A PROBLEM IS RESOLVED AND A PEACE THAT HOLDS YOU WHILE IT ISN'T? WHICH ONE ARE YOU MOST FAMILIAR WITH — AND WHICH ONE DO YOU ACTUALLY WANT?

WHERE ARE YOU USING WORRY AS A SUBSTITUTE FOR TRUST, AND WHAT WOULD IT MEAN THIS WEEK TO BRING THAT THING TO GOD WITH THANKSGIVING RATHER THAN ANXIETY?

WHAT WOULD YOU DO DIFFERENTLY TODAY IF YOU GENUINELY BELIEVED GOD WAS STANDING GUARD OVER THE THING YOU'RE MOST AFRAID OF?

SCRIPTURES REFERENCED IN THIS EPISODE:

PHILIPPIANS 4:6-7 • JOHN 14:27 • JOHN 14:1 • PSALM 121:4