

## **Don't Look Back: What Lot's Wife Teaches Us About Staying Rooted in What's Ahead**

There are only three words — and Jesus said them in the middle of a conversation about the end times, almost as an aside. But nothing Jesus says is random. “Remember Lot's wife.” In week 4 of our summer series, Christine asks the question Lot's wife couldn't answer: what happens when your longing for what you're leaving behind becomes greater than your trust in what God has promised ahead?

**WHAT ARE YOU LINGERING IN RIGHT NOW THAT GOD MAY BE ASKING YOU TO ONLY PASS THROUGH?**

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**WHAT ARE YOU HOLDING ONTO SO TIGHTLY THAT THE PULL OF IT IS STRONGER THAN THE PULL OF GOD'S CALL FORWARD? NAME IT HONESTLY BEFORE GOD THIS WEEK.**

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**CHRISTINE LISTS A RANGE OF THINGS THAT CAN KEEP US STUCK — FEAR, GUILT, SHAME, OFFENSE, DISAPPOINTMENT, BITTERNESS, UNFORGIVENESS, LOSS, OLD HABITS, PAST SUCCESSES, COMFORTABLE SECURITY. WHICH OF THESE MOST RESONATES WITH WHERE YOU ARE RIGHT NOW? WHAT WOULD ONE STEP OF FORWARD MOVEMENT LOOK LIKE — NOT ERASING THE PAST, BUT CHOOSING NOT TO BE DEFINED OR DETAINED BY IT?**

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### **SCRIPTURES REFERENCED IN THIS EPISODE:**

LUKE 17:20-37 • GENESIS 19:1-26 • EZEKIEL 16:49-50 • MATTHEW 5:13