

Ep. 357 | Get Unstuck: Let Go of What's Behind You

What's keeping you from moving forward into the future God has for you? Christine Caine unpacks three simple yet sobering words from Jesus: "Remember Lot's wife." In a message rooted in Luke 17, she challenges us to release our past—failures, pain, or even past successes—and embrace God's invitation to step into a new season. If you've been stuck in regret, longing, or rumination, this message will help you fix your eyes forward.

IN WHAT AREAS OF LIFE ARE YOU STILL LOOKING BACK OR
LONGING FOR WHAT WAS?

WHAT ARE SOME SPECIFIC THINGS—RELATIONSHIPS, HABITS,
THOUGHTS—THAT YOU NEED TO LET GO OF?

HOW CAN YOU ACTIVELY PARTNER WITH GOD IN STEPPING
INTO YOUR NEXT SEASON?

SCRIPTURES REFERENCED IN THIS EPISODE:

LUKE 17:20-37 • LUKE 17:32 • JOHN 11:35 • GENESIS 13:12-13 • GENESIS 18:23-33 •
GENESIS 19:15-26 • PHILIPPIANS 3:12-14