

Ep. 350 | How to Face Difficulty Without Being Overwhelmed by It

Has life taken unexpected turns that have left you feeling hopeless, forgotten, or overwhelmed? In those moments, it's easy to feel abandoned and believe that God has overlooked your struggles. But rest assured, He hasn't — and He never will. In this empowering episode of the Resilient Hope Summer Series, Christine Caine explores how God remains aware of our circumstances and is ready to guide us through even the most challenging seasons. Discover how to find strength amid difficulties and learn practical strategies to face obstacles without being weighed down by them.

WHAT STORIES OF GOD'S FAITHFULNESS IN YOUR LIFE DO YOU
NEED TO REMEMBER AND THANK HIM FOR?

HOW CAN YOU PRACTICALLY STIR UP YOUR FAITH AND
PASSION IN A SEASON THAT FEELS DRY OR UNCERTAIN?

IN WHAT AREAS OF LIFE DO YOU NEED TO PRAY, "LORD,
RESTORE ME AND REVIVE ME AGAIN"?

SCRIPTURES REFERENCED IN THIS EPISODE:

PSALM 85 • EPHESIANS 3:20 • 1 PETER 2:9 • 2 CORINTHIANS 5:17 • JOHN 4:34